

THANKFUL PE-RU-NA SIB HER FOR GOOD PE-RU-NA YEARS AGO

Keeps the Medicine with Her for Safety

Mrs. Carl Linder, R. F. D. No. 2, Box 44, Dassel, Minnesota, writes: "I want to thank you for your kindness and the good your remedy did me years ago. I am perfectly well and visiting in Spokane, Wash. Were it not for Pe-ru-na I would not have been able to make this trip. I always take your medi-cine with me for safety should I take cold. Praise to Pe-ru-na."

As an emergency remedy for everyday ills, Pe-ru-na has been in use fifty years.

HUMOR IN INDIANA PULPIT

Testimony as to Friend's Eloquence

Probably Thoroughly Understood

by the Congregation.

Dr. Robert J. Aley, president of But-

ler college, and the Rev. Alian B. Phil-

putt, puster of the Central Christian

church, are friends of long standing

Each has a keen vetn of humor which

occasionally crops out at the expense.

Not long ago, when it was necessary

for Doctor Philiputt to be out of the

city over Sunday, he called on Doctor

Aley to preuch for him. Doctor Aley

faced a large audience when he arose

to speak and he prefaced his scrnon

"I have long been a friend and ad-

mirer of your paster. I have beard

his elequent sermony many, many

times. I have beard him in Philadel-

phis and I have beard him in Indian-

spolls. As he himself puts it, treth-

ren, I have slept under his accused in

JOHNNY HAD HIS MISGIVINGS

Small Boy Shrewdly Calculated the

Size of Stockings Worn by His

Aunt Emma.

lady of most generous build, buil once

These little Johnnie's Aunt Emms, &

"Marrona," he cried, "does Sonta

"hist course, dear," replied his mather

"West," returned Johnnie doublefully,

but as one clinging to a shred of hope,

"I hope he gets to mine first,"-The

A FEELING OF SECURITY

You naturally feel secure when you

Such a medicine is Dr. Kilmer's Swamp-

Root, kidney, liver and histoir remody

and excellence is maintained in every bel-

It is wiretifically compounded from

It is not a stimulant and is taken in

It is nature's great helper in relieving

A sworp statement of purity is with

If you need a medicine, you should

have the hest. On sale at all drug stores

in bottles of two sizes, medium and large

Rowever, if you wish first to try this

great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a

and mention this paper - Advertisement.

Eve-and Adam.

dress is a little over two feet."

by being Bonized was Duntel."

tion of the shins of society."

Silk stockings are another presenta-

riers, but you cannot make it mink."

From Finshlights, by Thomas Jay.

A Boy and His Goat.

proud processors of a goat. One day

their mamma said: "Eddie, I saw

Nanny standing with her fore feet on

"Oh, no mamma," came the reply,

Nanny had only two feet on the

Father Was Ready.

by willing to help me in the future.

next week. Letelon Tit-Bits.

and it will appland.

tinually masing Mrs.

Look to Your Eyes

Beautiful Eyes, like fine

th, are the result of Constant e. The daily use of Murine as Eve Clear and Rediant, orable. Harmless. Soid and commended by All Druggiess.

He-De you think your father would

She Well, I heard him say he felt

Fall and the world may laugh-rise

Cupid is always shooting and con-

like ki-king you into the middle of

Est and his prother Harry were the

When writing be eure

It is not recommended for everything

and corrosming kidney, liver and bladder

harmful or latist producing drugs.

Clairs fill averyteable strekings?"

ritemany gooples, twit-

American Legion (Week);

the of Newsman Root.

regetable herbs.

temporabil doses.

sample bottle.

face to go out."

manent wives."

the fence"

fence."

M. some surprise.

"You, den'T

three cities."-Influenced in News.

TABLETS OR LIQUID SOLD EVERYWHERE

of the other.

with the following

God-sent Blessing"

is what one mother writes of Mrs. Winslow's Syrup. Thousands of other mothers have found safe, pleasant, effective edy a boon when baby's little stomach is upset. For con-stipation, flatulency, colic and diarrhoea, there is nothing like

RS. WINSLOW'S
SYRUP
The Infrasty' and Children's Repositors
It is expectically good at teething
time. Complete formula on every label. Guaranteed free from narcotics, opiates, alcohol and all

At all Draggists ANGLO AMPRICAS DECE CO.

barmful ingredients.

GREEN MOUNTAIN ASTHMA



124

fur.

But

PISO'S for Coughs & Golds oriented the and

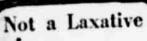
COUGH?

Girls! Girls!! Clear Your Skin With Cuticura lung 25c. Cluttered 25 and 50c, Talcam 25c.

Death only a matter of short time, Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking



The world's standard remedy for kidney, liver, bladder and uric acid troubles - the National Remotive Holland since 1696. Guaranteed. Three sizes, all druggists. Look for the name Gold Medal on every bee and eccept to imitation



Nujel is a lubricant-not a edicine or laxative - so cannot gripe.

When you are constipated, not enough of Nature's lubricating liquid is pro-duced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because



A LUBRICANT-NOT A LAXATIVE

You have no iden what the West

That's true-I've only seen it in the movies."

Ruinous. Hey-Buy that car second hand? Dey-No. My wife and son have been driving it.-New York Sun.

Men who say that life is a burden Lanks others tired.

The Kitchen Cabinet

of a fraction will grow, it you only municiply it enough.—Hobert Beverly Hale, A VARIETY OF GOOD THINGS

Who does not enjoy a good cake? given permission by Mother Nature to Packed eggs when carefully kept may be used for such .



Silver Loaf Cake .-Take two and threefourths cupfuls of pastry flour, one and one-fourth cupfuls of granulated sugar, two-thirds of a cupful of water, one-half cupful of butter, the whites of seven tigs. three teaspoonfuls of boking powder, one teaspeonful of

flavoring extract and one-half teaspeciful of sait. Cream the butter end add the sugar, mis until well blended, then add the flour sifted with the dry ingredients, alternating with the water; fold in the stiffly beaten whites and bake in a moderate over for one hour.

Pound Cake. Take ten eggs one pound, or two cupfuls of sugar; one | boven't cried really at all to speak of pound, or four cuprais of flour; three | Since I first arrived in the world. fourths of a pound, or one and one tail cupfuls of batter; two tenspoon- big. Well, I get this nice disposition fuls of lemon extract; add one ten | from my parents and the home-life spronful of salt. Cremu the butter, here is so delightful. There aren't Separate the egg yorks from the forcing and faming all the time. with a small parties of the bester has I contact by I've had an energonewill look white, heating the substate by eccentral life, but it has been very well between each addition of their increating. end egg. The success of a pointed risks finding. But letter a very stork comand present the heat to a more extention and take one hour and a for?

liwset Apples and Quinces -- I'm a Ten words at a time. surranne locat approx fill the refefor a stait and dear acrie delimits had they with element quince, and again old water and lake nell well there. been guilting at her rapitly for some minutes. Finally he could stand it ma Serve was a messers with adopped

Honey Hermits. - Take one capital of butter, one and one-built capture of nemer, wrathed, one teaspronrus of sodu, three eggs, five explois of finer one renamed all of sail, two fewports folk of elabolists, they and one fourth copfide each of chopped valvine and mit mean. Example the seds in the finter tehicle has been suggetly warned, with the dry tigredients. from a street on a buttered elect and wouldn't hite me, you see

Orange and Walnut Salad - I'm time juley stranger, was lists seen thinallow. Miny mainut weath, name one know that the medicine you are about to cuprot of arange to raree fourtle of *. take is absolutely pure and contains no constal of state. Min' with a faighty accounted French dressing and serveoral Lettucks. The same standard of purity, strength

Thise persons and things then, that Inspire on to do not head, that House on line at one and, when we are in their presence. That not light from an our laired and convenient perpersonally that common and support that

FOR THE TABLE

In using bread crumbs for escupepper, and add to a on your bend



sollander and they will "The trouble begins when a man be ready for use says he has made up his mind to stay | One of the most wholesome of at home, and his wife has made up her breakfast foods is wheat right from garden. the granury. Sink over flight, then "Some women spent too much time rook slowly on the back of the story making permanent waves to make per until the wheat is a gelatinous mass. Serve with top milk.

The proper length of a woman's Green Soup. Wash two quarts of spanich in several waters. Wash. The only man who wasn't spoiled poet and chep fine three small turnips two onions, a bonch of colers and w hanch of parsies. Frs the vegetables in four tablespoonfuls of futter, add a pint of water and simmer until temter You can lead a rabbit to the for-Mix two tablespoonfuls of flour with There is talk of a world's chemical a little milk, add it to one and one disarmament. Let's begin with the East plats of milk, and boil five min blords as being the most deadly,"- utes. Put all the vegetables through . sieve, then add the hot milk and

serve with croutons. Tuna Fish Salad .- Take one cupful of runa fish, shredded, three-fourths of a cupful of boiled saind dressing, onehalf cupful of chopped celery, onehalf envelope of geiatin, one-fourth cupful of water, one chopped green peoper; one-half teaspoonful of sait, and one-fourth of a tenspoonful of paprika. Sonk the gelatin in the suter five minutes, then add it with all the other ingredients to the hot salad dressing. Turn into individual noids dipped in cold water and chill

Turn out on crisp lettuce and serve. Southern Golden Fleece,-Cut fine and melt in a saucepan one-half pound of rich choose, when soft add one cup- face, ful of cream and a dash of cayenne; when thoroughly biended, break in five fresh eggs, cover for two minutes; when the white is set, remove the cover, add a little salt and bent the mass briskly with a spoon for a few minutes. It will rise in a yellow foam, tender and delicious. Serve on buttered tonsted milk crackers.

Necie Maxinell



ELAINE'S TALK.

Billie Brownie had again been see a very little



gtri-not exactly a buby-but a litthe girl who had only lived a year in the world. And he had heen given the power to understand what she had to say to

> as he went forth to make his call. And how are you," he added. "Well. I thank you," said Elaine.

"Hello, Elaine,"

sald little Billie,

"I've been a very Man." benithy buby, and I've never caused any trouble. I

him.

"title no. I've not caused any tron-

and sugar until white and fourny any querrels and there lan't a lot of wides and best well. Add americably - you I couldn't become nervous and one buying tubicspoonies of flour centry. No, that would be impossi-

You see what fine hig words I need depends upon the heating and "he Roll I hear flow words used by my porents, but I won't use their when I be in to talk human-talk, became it's got a buly's way. I must learn a

> "That notices purents so much and me forbier do it this way. If a feeby assuming Segon to talk in a line with noing hig words and all, there wouldn't be half the fun that there is when a early first same, Duddy, and even them. govern't way it no you can be quite sure whether the batte is suring it or not? "That makes it so exciting for pur-

with the had some automobile raise and I've slept or rested out of doors on the purch which my daulty servened in with his own fine strong finnis. He did that so mosquires

Then in the back of our home, fillie Brownie, there is a door little gurden, and I've leven out in his carriage in that garden.

and again my daddy holds us by the upstairs window-just as a special yearing treat. And then you should hear the escitement?

"My daddy falls to him and 'makes -fidency."

believe' to be no "He will may in a squeaky little voice.

which is ment to be mitte-"Thinks, let me are you turn it somerwanit, Good, Dunny, that was atevery bettle of Dr. Kdmer's Swamp Jonestalistics, season well with salt and right. Now, Fanny, he's see you Stated

""Gracious, Donny, but you can't

" Well try to get your toes so they reach your foreboad. Mercy, Donny, you can't do that trick, and I can't do that one.

"And as my doddy talks in this voice, which is supposed to be coine. Danny does all the tricks for on on the lawn in the center of the

"Then my daddy talks in his own looking at you." It's all very amusing." Elaine confinued.

"Now, it is the cold weather, and of course I'm not looking at some of the

iricks which Diam's did for me. in warm weather. But he is building snow-man for me now, and daddy is helping him. "I've heard that

I was very pretty," Firatne said when Billie Brownie told her that he thought she was beautiful baby. but I take after my mother that way. She has beautiful clear blue eyes, as I have, and fair bair and lovely skin. and a pretty neck.

"Toes Are Nice."

"Of course I love my toes best about toyself. I do think my toes are nice. But some like my daintiness best, and some my goodness, and some my little

"Some friends came to see my family not long ago and they laughed bard when my daddy calls me "The Helress. An heiress, it seems, is one who inherits a great and enormous fortune and much wealth. They knew I didn't inherit great wealth, but I'll tell you what-I am an hetress, Billie Brownie. I inherit a wonderful disposition, a happy spirit and a big, generous heart, and that is wealth, to my little mind, I inherit these things from my splendid daddy and my wonderful, lovely



E AT a box of little raisins when you feel hungry, lazy, tired or faint.

In about 9% seconds a hundred calories or more of energizing nutriment will put you on your toes again.

For Little Sun-Maids are 75% fruit sugar in practically predigested form-levulose, the scientists call it. And levulose is real body fuel.

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Little Sun-Maids

"Between-Meal" Raisins 5c Everywhere



Had Your Iron Today?

Changes Last Year's Frock to New Putnam Fadeless Dyes - dyes or tints as you wish

Billy was on such fundliar terms wound who next atternie a few tears Strangers, as it Were. with his dog that he understood, so be ad a mamon's notice. and five also looked out upon the rightest his every action, the day the garden from an upstairs window New neighbor's deg was lighting which. The world exclusion to appreciate and again his daddy holds for he the seemed to almost his wister, below ways when it sees a weightent main fall into

> "Billy," she excluded, "what is that they berichte for?"

"My little brother Danny goes out | Dilly planced out of the window and heresonally prove that he is intellectual the the garden and turns somermuits enswered "from usk me. It's the mily croshed. neighbor's dog and I'm not in his con: ...

Important to Mothers

Examine carefully every bottle of CASTORIA, most famous old remedy for infants and children, and see that it

Bears the Cart Fletchire In Use for Over 30 Years. Children Cry for Fletcher's Castoria

lconoclasm. Sinclair Lewis says all exists to do to be young is to become an tempelant. In other words, that's the second stage of breeking all your tenn Trawks

Watch Cuticura Improve Your Skin. On rising and retiring gently smeat No Matter Where You Live the face with Cutivora Ointmost she denote the august with W. Lincoln show voice, and says. Elaine is asking you Wash off Olaimont in five minutes. to stand on your head, and slie 18, with Cutteura Soap and hot water. It is wonderful what Curloura will no forw in I for poor complexions, dandruff, iteNing and red rough hands.-Advertisement.

> "Philosophers are plentiful." "You never run nerves one in the To Merchants of a court waiting room of a dentist

Exceeding the Limit. "Mund fulls exceptibling she knows." "Yes, it wouldn't be so ind if she | would stop there"-Judge

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conjection of Street or Control for the

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ite rabbit cuffs of of rabbit

also round mer.